Adapting to Online Learning

Tuesday, September 8, 2020 | 4:30 PM

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7 Tips to Successful Online Learning

1. Adjusting Expectations
2. Establish a Workspace
3. Know Your Resources
4. Stay Organized
5. Time Management
6. Meet Your Peers & Instructors
7. Self-Advocacy
Adjusting Expectations

- Spring 2020 v. Fall 2020
- Asynchronous v. Synchronous
- Hybrid models
- Patience & Understanding
Establish a Workspace

- Dedicated place to study
- Remove clutter
- Turn off distractions
- Use a good "desk" and chair
- Good lighting
- Keep supplies handy
- Study playlists
- Find what works for you
- Spaces on campus available for studying
- Plan "B"
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Know Your Resources

- Course materials
- Technology needs
- Internet options
- Campus resources
- University Library resources
Know Your Resources

- Illinois Remote (remote.illinois.edu)
- Student Assistance Center (helpdean@illinois.edu)
- UIUC AnyWhere (https://techservices.illinois.edu/content/uiuc-anyware)
- Proctorio Student Guide (PDF linked on Illinois Remote)
- University Library (library.illinois.edu)
- Student Wellness Resources
- Mental Health Resources
- Student Success Workshops
- CITL Learning Resources for Students
- Who To Ask - Provost’s Office Site
Stay Organized

- Keep copies of your work
- Take good notes
- Know your limits
- Use a calendar/agenda
- Other resources
  - myHomework App
  - My Study Life
  - Schooltraq
Manage Your Time

- Prioritize Deadlines/"triage"
- Use a structured schedule
- Take regular breaks
- Set reminders/backups
- Recognize how easy it is to fall behind
Meet Your Peers & Instructors

- "Meet" your classmates
- Watch lectures together
- Virtual Study Groups
  - GroupMe
- Look into the camera
- Attend virtual office hours
- Get Involved outside of class
Self-Advocacy

- You deserve clarity and understanding
- Ask for help
- Know your worth
- You’re the best advocate for your needs
- Mental Health Resources
- DRES
- Advisors/Social Media