**MCB WORKSHOP SERIES**
**FEBRUARY 2020**

For the most up-to-date information please visit our web site at [http://mcb.illinois.edu/undergrad/advising/workshops.html](http://mcb.illinois.edu/undergrad/advising/workshops.html)

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| Thursday, Feb. 5th  | 5:00 - 6:00 p.m. | 1064 Lincoln Hall | **Succeeding in MCB Core Courses**
Getting the most out of the MCB Core Courses is the key to success in the major, and that requires you to do more than get by. If you have had previous difficulties in MCB courses or are worried about a particular one this semester, join us for a discussion/workshop that will help you manage time better and identify the skills necessary for success in the major. You’ll also learn how to take notes, think critically, and approach exams in a scientific context. |
| Wednesday, Feb. 12th | 5:00 - 6:00 p.m. | 165 Noyes | **Test Anxiety Workshop by The Counseling Center**
Counseling Center paraprofessionals will be facilitating a workshop to help students identify test anxiety, provide applied time-management skills to prepare for upcoming exams, give self-care tips to cope with different stresses, and let you know about additional campus resources! |
| Monday, Feb. 10th  | 5:00 - 6:30 p.m. | 101 Burrill Hall, Room 7 | **MCB Undergraduate Research Information Session**
Want to know more about undergraduate research in MCB? Come to this information session to learn how to find a research position, what research in MCB can look like, and how to register for the appropriate course credit. You will hear perspectives from an MCB faculty member, as well as from undergraduate students who are currently involved in research. |
| Thursday, Feb. 20th  | 5:00 - 6:00 p.m. | 1064 Lincoln Hall | **Succeeding in MCB Core Courses**
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| Thursday, Feb. 27th  | 5:00 - 6:00 p.m. | 101 Burrill Hall, Room 7 | **MCB Study Abroad Information Session**
In this information session you will learn more about the current and upcoming study abroad opportunities created specifically for MCB and Biochemistry majors. Recent study abroad participants will also be available to discuss their experiences and answer any questions! |

To obtain disability-related adjustments and/or auxiliary aids, students with disabilities should contact Aurora Cruz-Torres and the Disability Resources and Educational Services (DRES) as soon as possible. To contact DRES, you may visit 1207 S. Oak St., Champaign, call 333-4603,